



# FAMILY EMPOWERMENT

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## WHAT IS IT AND WHY IS IT IMPORTANT?

**Family Empowerment** is how we systematically center **the voices of parents** and families using a **community organizing** approach to set goals and develop solutions together. This includes integrating leadership development opportunities at every step and building advocacy skills to last a lifetime. This approach fosters a strong sense of community **ownership** and engagement and creates a **transformational, intergenerational space** for families and communities to grow stronger and more resilient.

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## LET'S PRACTICE



1. What are we learning from parents and how are **parents leading** our work?
  2. Is there someone working on the ground, **engaging** with families to **hear their stories** and understand their needs?
  3. How can we make meetings more welcoming & inclusive for parents to fully participate (in their own language)?
  4. Are we supporting parents in setting the meeting agendas, facilitating conversations, and advocating directly with decision-makers? Do their kids get to see them in action?
  5. When are we doing things for families when we could be co-creating solutions with families instead?
  6. Are we working with families to navigate complex systems, and to address community-level issues through policy advocacy & institutional change?
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## WHAT IS ONE ACTION YOU CAN TAKE RIGHT NOW?